

MENTAL HEALTH FIRST AID LOW-COST RESOURCES

SLIDING SCALE SERVICES

Mental Health Center of Denver mhcd.org

303-504-7900

Medicaid/Medicare accepted. \$30/month for uninsured. No one is turned away.

Case management, outpatient therapy, child and family, suicide prevention programs, medication, housing services, residential treatment

Aurora Mental Health Center aumhc.org

303-617-2300

Sliding scale for Aurora residents. Medicaid/Medicare accepted, no insurance required.

Individual, group and family therapy, medication, residential services, respite care, vocational services, refugee wellness center

The Blue Bench thebluebench.org

303-329-9922, 24-hour hotline 303-322-7273, 24-hour Spanish hotline 303-329-0031

Sliding scale fee

Individual and group therapy, rape, assault and abuse survivor groups

Centers for Counseling and Family Therapy (Regis University)

303-964-6295 (Thornton), 719-264-7027 (Colorado Springs)

Sliding scale up to \$30. No one will be turned away due to inability to pay. No insurance accepted.

Counseling services for youth, adults and families

Community Reach Center communityreachcenter.org

303-853-3500

Sliding scale based on income. Medicaid/Medicare accepted.

Child, youth and family services, outpatient counseling, case management, substance use, crisis services, housing, vocational services

Counseling and Educational Services Clinic (University of Denver)

morgridge.du.edu/counseling-educational-services-clinic/

Counseling services 303-871-2528, assessment services 303-871-6395

Sliding scale \$5-30

Counseling services, psychological and LD assessment

Jefferson Center for Mental Health (Jefferson, Clear Creek and Gilpin Counties)

JCMH.org

303-425-0300

Sliding scale possible for clients without insurance. Medicaid/Medicare accepted.

Mental health counseling, substance use treatment services, 24 hour crisis line

Maria Droste Counseling Center mariadroste.org

303-867-4600

Sliding scale fees available. Medicaid/Medicare accepted.

Individual, family, child and addiction counseling

Professional Psychology Clinic (University of Denver)

du.edu/gspp/services/ppc.html

303-871-2528

Sliding scale \$15-70. Medicaid for therapy only.

Individual and psychological testing provided by doctoral students. Cancer,

trauma, violence and international disaster survivor specialties

Safehouse Denver safehouse-denver.org

24-hour crisis and information line 303-318-9979

Free services to survivors of domestic violence. Insurance not required.

Domestic violence safe shelter, emergency services, counseling and advocacy center, Spanish services

Sheridan Health Services (University of Colorado Denver)

303-315-6150

Sliding scale fees. Medicare and Medicaid accepted.

Individual and family therapy, physical care, oral health services, substance use

Student and Community Counseling Center (University of Colorado Denver)

303-315-7270

Sliding scale \$5-40; \$5 for Denver Public School students.

Individual, group, family, and couple therapy provided by masters level students

Information gathered from Mile High United Way. For additional information about fees, accepted insurance, and services, call the numbers provided.

CULTURALLY RESPONSIVE

Asian-Pacific Development Center apdc.org

303-923-2920

Sliding scale available for private pay clients. Medicaid/Medicare accepted. No one turned away due to inability to pay.

Counseling services, psychiatric screenings and referrals, mental health/cultural competency consultation and education, primary care, youth programs, health outreach and education, ESL and citizenship classes, multi-lingual services and bilingual staff

El Centro de las Familias mhcd.org/el-centro

303-504-1900

No one will be turned away due to inability to pay. Medicaid/Medicare accepted.

Assessment/treatment ages 5+, Individual, family and group therapy, psychiatric care, case management, Voz y Corazon Suicide Prevention Group, English and Spanish

Colorado Refugee Wellness Center

aumhc.org/programs-services/specialized-services/refugee/

303-617-2300

Sliding scale services

Integrated medical and behavioral healthcare, health navigators provide interpretation in 15 languages, free legal consultation

Jewish Family Services jewishfamilyservice.org

303-597-5000

Sliding scale fee. Medicaid accepted, Insurance not required.

Disability and employment services, mental health counseling, grief counseling, refugee mental health services, Russian language services

Servicios de la Raza serviciosdelaraza.org

303-458-5851

Sliding scale fees. Medicaid accepted, Insurance not required.

Individual and group therapy, substance use, parole community reintegration, youth services, domestic violence program, HIV/AIDS, emergency food, job placement, Spanish language services



Mental Health Center of Denver

mhcd.org

